Unresponsive?

Open airway

Absent or abnormal breathing

5 rescue breaths

Unless clear signs of life

15 chest compressions

2 breaths further alternating 15 compressions : 2 breaths

SAFE? - SHOUT ‘HELP’

SECOND RESCUER:
- Call EMS / ALS team (speaker function)
- Collect & apply AED (if accessible)

SINGLE RESCUER:
- If competent, use bag-mask ventilation (2-person), with oxygen
- If unable to ventilate, perform continuous compressions; add rescue breaths as soon as possible
- Call EMS / ALS team (speaker function)
- Collect & apply AED in case of sudden witnessed collapse (if accessible)